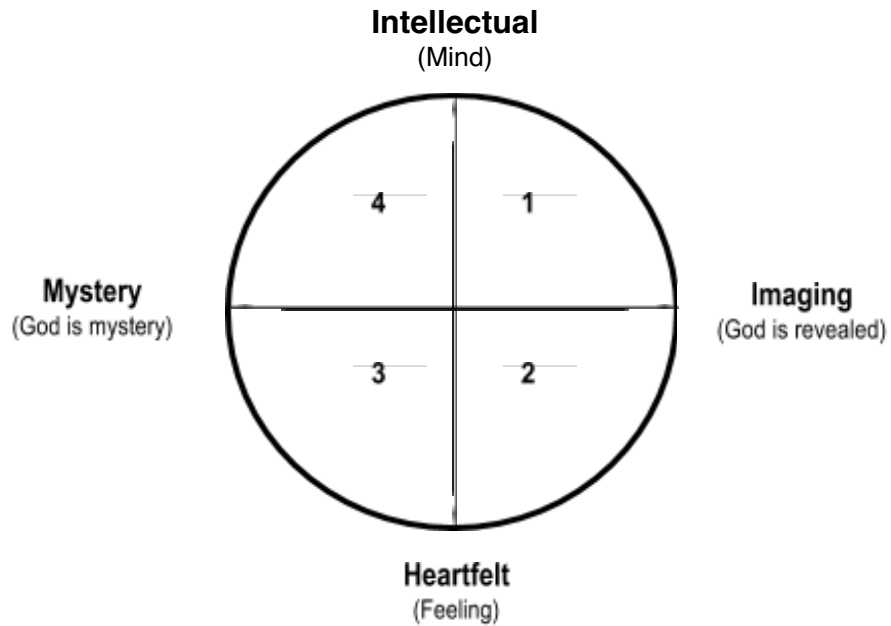


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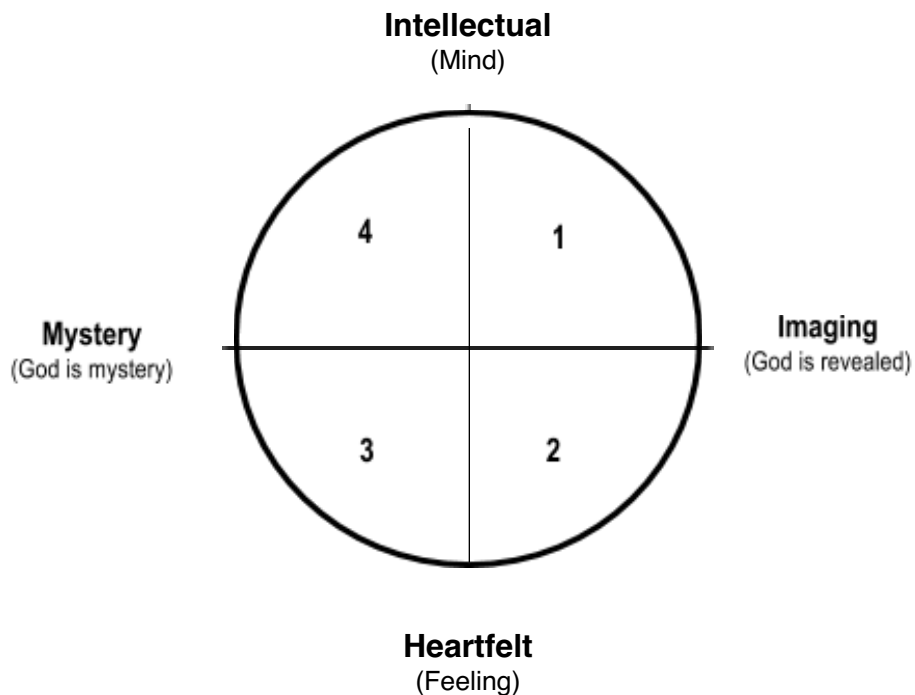
# The Spirituality Wheel<sup>1</sup>

A Selector for Spiritual Type

## CONGREGATION'S STYLE



## PERSONAL STYLE



<sup>1</sup> Corinne Ware, D. Min., based on the spirituality typology by Urban T. Holmes.

# THE SPIRITUALITY WHEEL

*A Selector for Spiritual Type*

Corinne Ware, D. Min.<sup>2</sup>

Presbyterian Church in Chinatown, April 26, 2015

## Introduction

The purpose of this exercise is **to draw a picture** of your experience of corporate worship and to compare it to a picture of your own personal spirituality.

Before you start, look at the page with the two wheels. You will see two circles, each divided into quadrants numbered 1, 2, 3, and 4. Each quadrant stands for a type of spiritual expression. In the **top wheel**, you will “draw a picture” of your spiritual experiences at PCC. In the **bottom wheel**, you will “draw a picture” of your personal style. Extra copies of this page are available if you need them.

## Instructions

*PCC's Style* (Upper Wheel):

Read through the first set of statements (starting on page 2) and select the one(s) that describe your perception of what is done at the Presbyterian Church in Chinatown. *You may select none or more than one if you wish.* Notice the number that goes with your chosen statement. In the *top wheel* on the last page, find the numbered quadrant that matches the number of your chosen statement. In that quadrant draw a line (like a spoke from the center to the outside edge of the wheel). If you've chosen two statements, draw two spokes, each in different quadrants. Before you go on to the next set of statements, fill in the “personal style” wheel for the first set.

*Personal Style* (Lower Wheel):

Read through the first set of statements a second time. Now choose the statement or statements that describe what you *personally prefer* as part of your spiritual experience. *You may select one statement or more than one.* Match the chosen statement number with the quadrant number in the lower wheel. In that quadrant draw a spoke (line). If you've chosen two statements, draw two spokes, each in a different quadrant. The result is a portrait of your personal style, which you can compare with the experience you have in your worship group.

Take a deep breath, and answer sincerely from your perspective.

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<sup>2</sup> As presented by Rev. Dr. Kharma Amos, Office of Formation and Leadership Development, Universal Fellowship of Metropolitan Community Churches (California–Hawai'i Network Gathering, September 20, 2014).

Based on Corine Ware's book *Discover Your Spiritual Type: A Guide to Individual and Congregational Growth* (Alban Institute, 1995).

Adapted for Presbyterian Church in Chinatown, April 26, 2015 by Rev. Victor H. Floyd

## **STATEMENTS**

UPPER WHEEL = OUR CONGREGATION'S STYLE  
LOWER WHEEL = MY PERSONAL STYLE

### **WORSHIP SERVICE**

1. A carefully planned and orderly worship program glorifies God.
2. A deeply moving and spontaneous meeting glorifies God.
3. Simplicity and silence are important elements needed for worship.
4. It is not the liturgical service, but ordering ourselves to God's service that is important.

### **TIME**

1. Stick to announced beginning and ending times of worship services.
2. It is important to extend the meeting time if one feels led to do so.
3. All time is God's time. A sense of timelessness is important.
4. Gather whenever and as long as you need to in order to accomplish the task.

### **PRAYER**

1. Words express poetic praise; we ask for knowledge and guidance.
2. Let words and feelings evoke God's presence in this moment.
3. Empty the mind of distractions and simply BE in the presence of The Holy.
4. My life and my work are my prayer.

### **MUSIC**

1. Music and lyrics express praise to God and belief about God.
2. Singing warms and unites us and expresses the soul's deepest heart.
3. Chant and tone bring the soul to quietness and energetic union with God.
4. Songs can mobilize and inspire to greater effort and dedication.

### **PREACHING**

1. The Word of God, rightly proclaimed, is the centerpiece of worship.
2. The gospel movingly preached is the power of God at work changing lives.
3. Proclamation is heard when the Spirit of God speaks to the inward heart.
4. What we do is our "preaching" and speaks louder than anything we might say.

### **EMPHASIS**

1. A central purpose is that we fulfill our vocation (calling) in the world.
2. A central purpose is that we learn to walk in holiness with the Lord.
3. A central purpose is that we are one with our Creator.
4. A central purpose is that we obey God's will completely.

## **SUPPORT OF CAUSES**

*(If necessary, circle the words that apply and select categories with the most circles.)*

1. Support seminaries, publishing houses, scholarship, preaching to others.
2. Support evangelism, missions, spreading the word online, on television and radio.
3. Support places of retreat, spiritual direction, liturgical reform.
4. Support political action to establish justice in society and its institutions.

## **CRITICISM**

1. Sometimes we are (I am) said to be too intellectual, dogmatic, and “dry.”
2. Sometimes we are (I am) said to be too emotional, dogmatic, anti-intellectual.
3. Sometimes we are (I am) said to be escaping from the world and unrealistic.
4. Sometimes we are (I am) said to have tunnel vision and moralistic leanings.

## **DOMINANT THEMES**

*If necessary, circle the words that apply and select categories with the most circles.*

1. Discernment, discipline, knowledge, order, grace, justification.
2. Love, conversion, witness, spontaneity, sanctification.
3. Poverty, humility, wisdom, letting go, transcendence.
4. Simplicity, purity of heart, action, temperance, obedience, martyrdom.

## **MEMBERSHIP CRITERIA**

*(What the congregation believes is necessary; what you believe is necessary.)*

1. Assent to a doctrine, baptism, membership, endorsement by governing group.
2. A personal inward experience of God, baptism, membership, public declaration.
3. All who face Godward are incorporated in the Holy.
4. Solidarity with humankind is membership in God’s kingdom.

## **RITUAL & LITURGY**

1. Ritual and liturgy evoke memory and presence, teaching Reformed traditions.
2. Liturgy and ritualistic ceremonies are not of great importance.
3. Ritual and liturgy are ways in which God becomes present to us.
4. Ritual and liturgy are ways we make statements about inner convictions.

## **CONCEPT OF GOD**

- i. God is revealed in scripture, sacrament, in Jesus Christ and his cross.
- ii. I can feel that God is real and that Christ lives in my heart.
- iii. God is mystery and can be grasped for but never completely known.
- iv. We participate in the mystery of God when we become co-creators with God in the world.